

VSAA September Menu 2017

		August	August	September
		30	31	1
<b>INTERNATIONAL</b>	<b>INTERNATIONAL</b>	<b>INTERNATIONAL</b>	<b>INTERNATIONAL</b>	<b>INTERNATIONAL</b>
		CHICKEN STRIPS	COUNTRY BREAKFAST	ORANGE POPCORN
		MASHED POTATOS	ENGLISH MUFFIN	CHICKEN
		CORN	EGG/SAUSAGE	BROWN RICE
		BREADSTICK	COUNTRY GRAVY	MIXED VEGGIES
		Spinach/Red Pepper	Carrots/Pinto Beans	Romaine/Tomatoes
		Carrots/Mushrooms	Corn Salsa/Cucumber	Green Pepper/Carrots
		Pineapple	Diced Peaches	Mandarin Oranges
		Apples/Oranges	Apples/Oranges	Apples/Oranges
<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
<b>INTERNATIONAL</b>	<b>INTERNATIONAL</b>	<b>INTERNATIONAL</b>	<b>INTERNATIONAL</b>	<b>INTERNATIONAL</b>
	RANCH CHICKEN	SPAGHETTI WITH	TACO BAR	POPCORN CHICKEN
NO	WRAP	MEATBALLS/ GREEN	SPANISH RICE	BOWL
	POTATO WEDGES	BEANS/GARDEN	MEXICALI CORN	MASHED POTATO
SCHOOL	PEAS AND CARROTS	SALAD/BREADSTICK		CORN / WW ROLL
	Carrots/Navy Beans	Broccoli/Carrots	Carrots/Black Bean Salad	Spinach/Tomatoes
	Corn Salad/Celery	Red Pepper/Mushrooms	Water Chestnuts/Beets	Carrots/Cucumbers
	Pineapple	Strawberries	Applesauce	Diced Peaches
	Apples/Oranges	Apples/Oranges	Apples/Oranges	Apples/Oranges
<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>
<b>INTERNATIONAL</b>	<b>INTERNATIONAL</b>	<b>INTERNATIONAL</b>	<b>INTERNATIONAL</b>	<b>INTERNATIONAL</b>
SLOPPY JOES	FRENCH TOAST	BBQ PULLED CHICKEN	BEAN AND CHEESE	CHICKEN NUGGETS
ROASTED POTATOES	SAUSAGE LINKS	ON A BUN	BURRITO	MASHED POTATO
GREEN PEAS	POTATO TRIANGLES	GARDEN SALAD	SPANISH RICE	GREEN BEANS
		MIXED VEGGIES	MEXICALI CORN	BREADSTICK
Spinach/Cucumber	Carrots/ Kidney Beans	Broccoli/Red Pepper	Carrots/Black Beans	Romaine/Carrots
Cherry Tomatoes/Carrots	Pea Salad/Green Pepper	Carrots/Cauliflower	Jicama/Mushrooms	Tomatoes/Celery
Bananas	Mandarin Oranges	Cantaloupe	Strawberries	Grapes
Apples/Oranges	Apples/Oranges	Apples/Oranges	Apples/Oranges	Apples/Oranges
<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
<b>INTERNATIONAL</b>	<b>INTERNATIONAL</b>	<b>INTERNATIONAL</b>	<b>INTERNATIONAL</b>	<b>INTERNATIONAL</b>
MOZZARELLA	BEEFY GRAVY OVER	CHILL, CHIPS AND	MACHO NACHO BAR	TERIYAKI CHICKEN
CHEESE STICKS	MASHED POTATO	CHEESE	REFRIED BEANS	BROWN RICE
TOMATO SOUP	MIXED VEGGIES	PEAS AND CARROTS	MEXICALI CORN	STIR-FRY-VEGGIES
CUCUMBER SLICES	WW ROLL	BREADSTICK		WW ROLL
Spinach/Carrots	Carrots/Black Beans	Romaine/Tomatoes	Carrots/Edamame	Mesclun/Red Pepper
Red Pepper/Beets	Jicama/ Green Pepper	Carrots/Green Bean Salad	Green Peas/Cucumber	Carrots/Cauliflower
Diced Pears	Grapes	Applesauce	Watermelon	Kiwi
Apples/Oranges	Apples/Oranges	Apples/Oranges	Apples/Oranges	Apples/Oranges
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>
<b>INTERNATIONAL</b>	<b>INTERNATIONAL</b>	<b>INTERNATIONAL</b>	<b>INTERNATIONAL</b>	<b>INTERNATIONAL</b>
CHICKEN FRIED	SWEET AND SOUR	MACARONI AND	CHILI DOGS	CHICKEN STRIPS
STEAK / WW ROLL.	MEATBALLS/BROWN	CHEESE	POTATO WEDGES	MASHED POTATO
MASHED POTATO	RICE/BREADSTICK	GREEN PEAS	GREEN BEANS	CORN
GRAVY / CORN	STIR-FRY VEGGIES	BREADSTICK		WW ROLL
Mesclun/Tomatoes	Carrots/Navy Beans	Broccoli/ Carrots	Carrots/Black Bean Salad	Spinach/Tomatoes
Carrots/Green Peppers	Corn Salad/Celery	Red Pepper/Mushrooms	Water Chestnuts/Beets	Carrots/Cucumbers
Mandarin Oranges	Honeydew Melon	Strawberries	Pineapple	Diced Peaches
Apples/Oranges	Apples/Oranges	Apples/Oranges	Apples/Oranges	Apples/Oranges

