

# VSA May Menu

1	2	3	4	5
<b>INTERNATIONAL</b>	<b>INTERNATIONAL</b>	<b>INTERNATIONAL</b>	<b>INTERNATIONAL</b>	<b>INTERNATIONAL</b>
CHICKEN NUGGETS	SALISBURY STEAK	TERIYAKI CHICKEN	TACO BAR	POPCORN CHICKEN
ROASTED POTATOES	MASHED POTATOES	BROWN RICE	SPANISH RICE	BOWL
PEAS AND CARROTS	GREEN BEANS	STIR-FRY VEGGIES	MEXICALI CORN	MASHED POTATOES
WW ROLL	WW ROLL			CORN / BREADSTICK
Grapes	Pineapple	Cantaloupe	Diced Peaches	Mandarin Oranges
Broccoli/Carrots	Carrots/Carbonzo Beans	Spinach/Mushrooms	Pinto Beans/Corn Salsa	Romaine/Cherry Tomato
Cherry Tomato/Celery	Peas/Cauliflower	Red Pepper/Carrots	Carrots/Cucumber	Carrots/Green Pepper
Apples/Oranges	Apples/Oranges	Apples/Oranges	Apples/Oranges	Apples/Oranges
8	9	10	11	12
<b>INTERNATIONAL</b>	<b>INTERNATIONAL</b>	<b>INTERNATIONAL</b>	<b>INTERNATIONAL</b>	<b>INTERNATIONAL</b>
COUNTRY BREAKFAST	SPAGHETTI WITH	CHICKEN STRIPS	NACHO GRANDE BAR	CHICKEN PASTA
EGGS/SAUSAGE	MEATBALLS	MASHED POTATOES	REFRIED BEANS	ALFREDO
ENG. MUFFIN/GRAVY	GREEN BEANS	MIXED VEGGIES	MEXICALI CORN	PEAS / BREADSTICK
POTATO TRIANGLES	GARDEN SALAD	BREADSTICK		
Bananas	Mandarin Oranges	Cantaloupe	Strawberries	Grapes
Spinach/Cucumber	Carrots/Kidney Beans	Broccoli/Cauliflower	Carrots/Black Beans	Romaine/Carrots
Cherry Tomato/Carrots	Pea Salad/Green Pepper	Red Pepper/Carrots	Jicama/Mushrooms	Cherry Tomatoes/Celery
Apples/Oranges	Apples/Oranges	Apples/Oranges	Apples/Oranges	Apples/Oranges
15	16	17	18	19
<b>INTERNATIONAL</b>	<b>INTERNATIONAL</b>	<b>INTERNATIONAL</b>	<b>INTERNATIONAL</b>	<b>INTERNATIONAL</b>
CHICKEN RANCH	MACARONI AND	SWEET AND SOUR	CHICKEN	HOT HAM AND
WRAP	CHEESE	MEATBALLS	ENCHILADAS	CHEESE CROSSANT
TATER TOTS	GREEN BEANS	BROWN RICE	SPANISH RICE	GARDEN SALAD
PEAS	WW ROLL	PEAS / BREADSTICK	STEAMED BROCCOLI	POTATO SOUP
Diced Pears	Grapes	Applesauce	Pineapple	Kiwi
Spinach/Carrots	Carrots/Black Beans	Romaine/Cherry Tomato	Carrots/Edamame	Mesclun/Red Pepper
Red Pepper/Beets	Jicama/Green Pepper	Carrots/Green Bean Salad	Peas/ Cucumber	Carrots/Cauliflower
Apples/Oranges	Apples/Oranges	Apples/Oranges	Apples/Oranges	Apples/Oranges
22	23	24	25	26
<b>INTERNATIONAL</b>	<b>INTERNATIONAL</b>	<b>INTERNATIONAL</b>	<b>INTERNATIONAL</b>	<b>INTERNATIONAL</b>
MOZZARELLA	FRENCH TOAST	TUNA AND	SOFT TACO BAR	ORANGE POPCORN
CHEESE STICKS	SAUSAGE LINKS	NOODLES	REFRIED BEANS	CHICKEN
POTATO WEDGES	POTATO TRIANGLES	PEAS / BREADSTICK	MEXICALI CORN	BROWN RICE
TOMATO SOUP		GARDEN SALAD		STIR-FRY VEGGIES
Mandarin Oranges	Pineapple	Strawberries	Applesauce	Diced Peaches
Mesclun/Cherry Tomato	Carrots/Navy Beans	Broccoli/Red Pepper	Carrots/Black Bean Salad	Spinach/Cherry Tomato
Carrots/ Green Pepper	Corn Salsa/Celery	Carrots/Mushrooms	Water Chestnuts/Beets	Carrots/Cucumbers
Apples/Oranges	Apples/Oranges	Apples/Oranges	Apples/Oranges	Apples/Oranges
29	30	31		
<b>INTERNATIONAL</b>	<b>INTERNATIONAL</b>	<b>INTERNATIONAL</b>		
	CHICKEN NUGGETS	TOASTED CHEESE		
NO	GARLIC PASTA	SANDWICH		
	MIXED VEGGIES	CHICKEN NOODLE		
SCHOOL		SOUP/PEAS & CARROTS		
	Pineapple	Cantaloupe		
	Carrots/Carbonzo Beans	Spinach/Mushrooms		
	Peas/Cauliflower	Red Pepper/Carrots		
	Apples/Oranges	Apples/Oranges		

